



Men's Competition Daily Schedule

Number indicates the event dates

EVENT	ROUND	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85	M90+
100m	Heats	14	14	13	13	13	13	13	14	14			
	Semi-finals	15	15	14	14	14	14	14	15	15	13	13	
	Finals	15	15	14	14	14	14	14	15	15	13	13	13
200m	Heats	18	18	18	18	18	18	19	19	19			
	Semi-finals	19	19	19	19	19	19	20	20	20	20	20	
	Finals	19	19	19	19	19	19	20	20	20	20	20	20
400m	Heats	20	20	20	20	22	22	22	22	22			
	Semi-finals	22	22	22	22	23	23	23	23	23	22	22	
	Finals	23	23	23	23	24	24	24	24	24	23	23	23
800m	Heats	14	14	15	15	15	15	15	15	15	15	15	
	Finals	15	15	17	17	17	17	17	17	17	17	17	15
1500m	Heats	23	23	23	22	22	22	22	23	23			
	Finals	25	25	25	24	24	24	24	25	25	25	25	25
5000m	Finals	14	17	14	14	14	14	15	14	15	15	15	15
Short Hurdles 80m/100m/110m	Heats	22	22	22	22	22	22						
	Semi-finals	23	23	23	23	23	23	24	24	24	24		
	Finals	23	23	23	23	23	23	24	24	24	24	24	24
Long Hurdles 200m/300m/400m	Heats	15	15	14	14	14	15						
	Semi-finals	17	17	15	15	15	17	15	15	15	15		
	Finals	18	18	17	17	17	18	17	17	17	17	18	18
Steeplechase	Finals	13	13	13	13	13	13	13	13	13	13	13	13
4x100m Relay	Finals	17	17	17	17	17	17	17	17	17	17	17	17
4x400m Relay	Finals	25	25	25	25	25	25	25	25	25	25	25	25
5000m Race Walk	Finals	19	19	19	19	20	20	20	20	20	20	20	20
High Jump	Finals	15	17	22	14	18	23	20	15	13	19	19	19
Pole Vault	Finals	14	15	20	13	17	22	19	14	23	18	18	18
Long Jump	Finals	19	18	13	15	20	20	22	13	14	23	23	23
Triple Jump	Finals	20	19	23	20	22	24	23	23	15	24	24	24
Shot Put	Finals	15	15	17	13	18	20	17	15	15	15	15	15
Discus	Finals	14	19	18	19	17	17	20	20	20	20	18	18
Javelin	Finals	20	20	13	15	22	15	19	14	14	19	19	19
Hammer	Finals	19	17	19	20	19	18	18	13	13	17	17	17
Weight Throw	Finals	22	22	22	22	20	22	22	22	22	22	22	22
Decathlon	Finals	17/18	13/14	14/15	17/18	14/15	13/14	14/15	17/18	17/18	13/14	13/14	13/14
Throws Pentathlon	Finals	25	25	24	24	23	25	24	24	24	25	25	25
10km Road Run	Finals	18	18	18	18	18	18	18	18	18	18	18	18
Half Marathon	Finals	24	24	24	24	24	24	24	24	24	24	24	24
10km Road Walk	Finals	17	17	17	17	17	17	17	17	17	17	17	17
20km Road Walk	Finals	25	25	25	25	25	25	25	25	25	25	25	25
Cross Country	Finals	20	20	20	20	20	20	20	20	20	20	20	20