



Women's Competition Daily Schedule

Number indicates the event dates

| EVENT | ROUND | W35 | W40 | W45 | W50 | W55 | W60 | W65 | W70 | W75 | W80 | W85 | W90+ |
|--|-------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 100m | Heats | 14 | 14 | 13 | 13 | 13 | 14 | 14 | | | | | |
| | Semi-finals | 15 | 15 | 14 | 14 | 14 | 15 | 15 | 13 | 13 | 13 | | |
| | Finals | 15 | 15 | 14 | 14 | 14 | 15 | 15 | 13 | 13 | 13 | 13 | 13 |
| 200m | Heats | 18 | 18 | 18 | 18 | 19 | 19 | 19 | | | | | |
| | Semi-finals | 19 | 19 | 19 | 19 | 20 | 20 | 20 | 20 | 20 | 20 | | |
| | Finals | 19 | 19 | 19 | 19 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
| 400m | Heats | 20 | 20 | 20 | 20 | 22 | 22 | | | | | | |
| | Semi-finals | 22 | 22 | 22 | 22 | 23 | 23 | 22 | 22 | 22 | 22 | | |
| | Finals | 23 | 23 | 23 | 23 | 24 | 24 | 23 | 23 | 23 | 23 | 23 | 23 |
| 800m | Heats | 14 | 14 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | | |
| | Finals | 15 | 15 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 15 | 15 |
| 1500m | Heats | 23 | 23 | 23 | 22 | 22 | 22 | 22 | | | | | |
| | Finals | 25 | 25 | 25 | 24 | 24 | 24 | 24 | 25 | 25 | 25 | 25 | 25 |
| 5000m | Finals | 14 | 17 | 14 | 14 | 14 | 14 | 15 | 17 | 15 | 15 | 15 | 15 |
| Short Hurdles 80m/100m | Heats | | | | 22 | 22 | | | | | | | |
| | Semi-finals | 23 | 23 | 23 | 23 | 23 | 24 | 24 | 24 | | | | |
| | Finals | 23 | 23 | 23 | 23 | 23 | 24 | 24 | 24 | 24 | 24 | 24 | 24 |
| Long Hurdles 200m/300m/400m | Heats | | | | | | | | | | | | |
| | Semi-finals | 17 | 17 | 15 | 15 | 15 | 15 | 15 | 15 | | | | |
| | Finals | 18 | 18 | 17 | 17 | 17 | 17 | 17 | 17 | 18 | 18 | 18 | 18 |
| Steeplechase | Finals | 13 | 13 | 13 | 13 | 13 | 13 | 13 | 13 | 13 | 13 | 13 | 13 |
| 4x100m Relay | Finals | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 |
| 4x400m Relay | Finals | 25 | 25 | 25 | 25 | 25 | 25 | 25 | 25 | 25 | 25 | 25 | 25 |
| 5000m Race Walk | Finals | 19 | 19 | 19 | 19 | 19 | 19 | 20 | 20 | 20 | 20 | 20 | 20 |
| High Jump | Finals | 18 | 17 | 14 | 14 | 19 | 20 | 20 | 22 | 22 | 22 | 22 | 22 |
| Pole Vault | Finals | 17 | 23 | 13 | 13 | 22 | 19 | 19 | 20 | 20 | 20 | 20 | 20 |
| Long Jump | Finals | 19 | 18 | 20 | 20 | 17 | 17 | 17 | 13 | 13 | 13 | 13 | 13 |
| Triple Jump | Finals | 20 | 19 | 22 | 22 | 18 | 18 | 18 | 17 | 17 | 17 | 17 | 17 |
| Shot Put | Finals | 20 | 20 | 13 | 15 | 15 | 13 | 13 | 17 | 17 | 17 | 17 | 17 |
| Discus | Finals | 19 | 19 | 20 | 19 | 17 | 17 | 17 | 18 | 20 | 18 | 18 | 18 |
| Javelin | Finals | 15 | 15 | 14 | 13 | 19 | 22 | 22 | 13 | 19 | 19 | 19 | 19 |
| Hammer | Finals | 17 | 17 | 19 | 14 | 18 | 19 | 18 | 19 | 13 | 13 | 13 | 13 |
| Weight Throw | Finals | 22 | 22 | 22 | 22 | 20 | 20 | 20 | 20 | 22 | 22 | 22 | 22 |
| Heptathlon | Finals | 13/14 | 13/14 | 17/18 | 17/18 | 13/14 | 14/15 | 14/15 | 14/15 | 14/15 | 14/15 | 14/15 | 14/15 |
| Throws Pentathlon | Finals | 24 | 24 | 25 | 24 | 23 | 23 | 23 | 23 | 25 | 25 | 25 | 25 |
| 10km Road Run | Finals | 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 | 18 |
| Half Marathon | Finals | 24 | 24 | 24 | 24 | 24 | 24 | 24 | 24 | 24 | 24 | 24 | 24 |
| 10km Road Walk | Finals | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 | 17 |
| 20km Road Walk | Finals | 25 | 25 | 25 | 25 | 25 | 25 | 25 | 25 | 25 | 25 | 25 | 25 |
| Cross Country | Finals | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |